

DC conducts spot assessment of arrangements for I-Day celebrations at Sports Stadium Budgam

HIMALAYAN MAIL NEWS
JAMMU, AUG 14

In view of the Independence Day celebrations 2025, Deputy Commissioner (DC) Budgam, Dr. Bilal Mohi-ud-Din Bhat, today conducted a comprehensive review and on-spot assessment of arrangements at Sports Stadium Budgam, the main venue for the district-level function.

During the inspection, DC interacted with concerned officers and took stock of the facilities being put in place to ensure the smooth and successful conduct of the celebrations.

He emphasised the need for inter-departmental co-ordination and timely completion of all preparatory measures.

DC issued a series of directives to the departments involved. He instructed the R&B department Budgam to ensure proper seating



arrangements. Municipal Committee Budgam was directed to carry out intensive sanitation drives and place sufficient dustbins in and around the venue to maintain cleanliness and hygiene.

Jal Shakti department Budgam was directed to keep water tankers readily available and ensure uninterrupted tap water supply to public convenience blocks at the stadium. KPDCL Budgam was asked to check and ensure

the uninterrupted electricity supply during the celebrations.

Information Department Budgam was tasked with ensuring the proper installation and functioning of the Public Address System (PAS) for smooth conduct of the event proceedings.

Chief Medical Officer Budgam was instructed to deploy an adequate number of paramedical staff, ambulances to respond swiftly to any health emer-

gencies during the event. DC underscored the importance of a dedicated and meticulous approach by all departments, keeping in view the significance of the day.

He directed all line departments to work in close coordination and ensure all arrangements are completed well ahead of time.

District administration Budgam has invited the people of the district to participate in the Independence Day celebrations at sports stadium Budgam and appealed for their full cooperation to ensure the smooth conduct of the event.

DC was accompanied by the Additional Deputy Commissioner (ADC) Budgam, Chief Education Officer, Chief Medical Officer, all Executive Engineers, Chief Executive Officer Municipal Committee Budgam, and DIO Budgam besides other concerned officers and officials during his visit.

District administration Ramban brings medical services to far-flung areas through 'Hospital on Wheels'

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District Administration Ramban has launched the 'Hospital on Wheels' (Mobile Medical Camps) initiative to deliver healthcare services to people in remote and inaccessible areas away from established health centres in the district.

The initiative aims to bridge the healthcare gap in underserved regions by providing timely medical services and creating health awareness among rural populations.

On the directions of Deputy Commissioner Ramban Mohammad Alyas Khan, the Health Department conducted a mobile medical camp at Village Gandhari, 7 km from PHC Bathni.

A medical team comprising doctors and paramedical staff provided free healthcare services, including Gen-



eral OPD, ophthalmic and dental consultations, along with free medicines and basic investigations such as blood sugar, anaemia and malaria testing. Screenings were also conducted for non-communicable diseases and tuberculosis under NTEP.

Awareness sessions covered the JK SEHAT App, PMJAY, PMJAY Vaya Vandana, E-Sanjeevani and Ayushman Bharat Digital Mission services, including ABHA ID generation.

Healthy lifestyle practices were also promoted.

The camp served 141 patients, including 76 in General OPD, 42 in Ophthalmic OPD and 23 in Dental OPD. Tests included 74 blood sugar, 38 anaemia and 27 malaria, while 16 ABHA IDs were generated on the spot. A schedule has been issued for conducting 'Hospital on Wheels' camps across all medical blocks of Ramban district.

DLSA Budgam, Food Safety & Drug Admin Kashmir conduct awareness campaign in Budgam

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In view of the recent contaminated food scandal in J&K, District Legal Services Authority (DLSA) Budgam, in collaboration with the Department of Food Safety & Drug Administration, Kashmir, organized and conducted an awareness campaign/joint inspection to check food establishments, including restaurants, street food vendors, grocery stores, and other outlets in Budgam town.

The objective of the initiative was to raise aware-

ness about food safety regulations and to educate food business operators on the importance of adhering to these standards, thereby prioritizing public health and protecting the larger interests of the community.

It also aimed to enhance food safety standards and ensure compliance among food service providers operating in public facilities. The campaign also sought to educate the public on reporting unsafe food practices to the relevant authorities and on identifying potential hazards in food.

The initiative was held under the guidance of O.P. Bhagat, Chairman

DLSA/Principal District & Sessions Judge Budgam.

The inspection was carried out in the presence of Nusrat Ali Hakak, Sub-Judge/Secretary DLSA Budgam, and Yameen Ul Nabi, Assistant Commissioner, Drug & Food Control Organization, along with Food Safety officers, officials, Legal Aid Defence Counsels, and Para Legal Volunteers from the DLSA, as well as officers from the Food Safety & Drug Administration and district police Budgam.

During the inspection, improvement notices etc. were issued to food chain operators, and other food

service providers. These notices addressed various compliance issues and emphasized the need to meet the safety standards laid out in the Food Safety Act.

On spot food testing was conducted preliminary food, and about 10 kgs of rotten fish and about 25kgs of contaminated sweets were destroyed with the help of Municipal Committee Budgam. Several food samples were also collected for food testing purpose.

This proactive measure underscores the commitment of the DLSA and its collaborators to safeguard public health.

Har Ghar Tiranga campaign: Mega Tiranga Rally held at Anantnag

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As part of the ongoing Har Ghar Tiranga campaign, a mega Tiranga Rally led by Deputy Commissioner (DC) Anantnag, S F Hamid was held today at Anantnag.

SSP, Amritpal Singh, ADCs, ACR, ACD, and other senior officers from civil and police administration, besides engineering wings also participated in the event.

Witnessing enthusiastic participation from thousands of citizens coming from diverse walks of life, the rally commenced from Sports Stadium and culmi-



nated at Janglat Mandi. The colorful and vibrant rally signified a spirited

and vibrant show of patriotism, unity and collective resolve to uphold dignity of

the nation.

As the grand rally passed through Mehdi Kadal, Lal Chowk and Ganjiwara, before culminating at Janglat Mandi; the participants marched with pride and honor with the Tricolour held aloft and high reflecting a sense of collective pride and resilience.

During the rally, songs glorifying freedom fighters and on patriotic themes were played lending the streets a lively and jubilant ambience.

Notably, 1.5 km Tiranga was also carried by the participants and the volunteers all along which created an incredible spectacle as the rally marched ahead.

IEC campaign against drug abuse held across Bandipora Institutions, ULBs

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Continuing its mission under the Nasha Mukh Jammu & Kashmir Abhiyan, district administration Bandipora on Thursday organised a series of IEC (Information, Education & Communication) programmes in various educational institutions and urban local bodies of the district.

Events were held at Gunzri Mohalla Sumbal, Government Degree College Gurez, Radiant Public School Bandipora, and BHSS Nadihal, with active participation from students, staff, and commu-



nity members. Resource persons sensitised participants about the harmful effects of drug

abuse on health, family, and society, while also highlighting the importance of awareness, pre-

vention, rehabilitation, and enforcement measures.

Speakers encouraged the youth to take a proactive role in building a drug-free society and shared information about helplines, government support mechanisms, and rehabilitation facilities. The campaign reinforced the message that community vigilance and collective responsibility are vital to eradicating the menace of drugs from the grassroots level.

District administration reiterated its commitment to intensify such awareness drives across Bandipora to nurture an informed, resilient, and drug-free community.

Huge bike Tiranga rally held at Ramban to mark 79th Independence Day

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District Administration Ramban today organised a bike Tiranga rally as part of the Har Ghar Tiranga campaign to mark the 79th Independence Day.

Led by Deputy Commissioner Ramban Mohammad Alyas Khan, the rally started from Shan Palace Ramban, passed through the Flyover and Chanderkote, and returned to Shan Palace. A large number of bikers from various walks of life participated.

ADC Varunjeet Singh Charak, ACR Shokat Hayat Mattoo, Dy SP HQ Om Parkesh, Dy SP Traffic Sajjad Khan, senior officers, members of civil society, local youth, social workers and members of the Beopar Mandal also joined the event.



Since the start of the campaign on AUGUST 2, 2025, the district administration has organised a series of activities under Har Ghar Tiranga, including flag-hoisting ceremonies, rangoli and rakhi making, Tiranga rallies,

cultural programmes, shikara rallies, horse rider's rally, cleanliness drives, plantation drives, painting competitions and awareness programmes in markets, public places, educational institutions, sub-divisions, tehsils and

blocks. The Deputy Commissioner urged citizens, especially youth, to participate in Independence Day celebrations and to hoist the national flag at their homes under the Har Ghar Tiranga campaign.

GMC Srinagar hosts first National Emergency Life Support Training

HIMALAYAN MAIL NEWS
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Government Medical College (GMC) Srinagar, in collaboration with the Department of Emergency Medicine, JPNATC, AIIMS New Delhi, and the Disaster Management Cell, Ministry of Health and Family Welfare, Government of India, successfully hosted the first Training of Trainers (ToT) program for the National Emergency Life Support (NELS) course for paramedics.

The three-day workshop, held from August 12-14, 2025, at GMC Srinagar, brought together 24 senior doctors and nursing supervisors from GMC Srinagar, associated hospitals, and the Directorate of Health Services Kashmir. These medical professionals were trained and certified in the NELS course, enhancing their skills in emergency medical care.

Prof. Ifat Hassan Shah, Principal, GMC Srinagar, emphasized the significance of such training pro-



grams in improving healthcare and patient care systems in the region. "This training will go a long way in enhancing our emergency response capabilities and ultimately benefiting our patients," she said.

The program was coordinated by Prof. Dr. Mohammad Omnid Nodal Officer, NELS Skill Centre, GMC Srinagar. Other key officials who attended the program include Mohammad Ashraf Hakak, Ad-

ministrator Associated Hospitals GMC Srinagar; Prof Dr. Hina Bashir, HOD Anesthesiology; Prof. Dr. Rakesh Koul, Head of Department, Medicine; faculty members, Medical Superintendent, SMHS Hospital, Dy. MS, GMC Srinagar, Medical Officers from GMC Srinagar and associated hospitals

This initiative marks a significant milestone in strengthening emergency medical services in Jammu and Kashmir, aligning with

the Ministry of Health and Family Welfare's efforts to improve healthcare infrastructure and services across the country.

The training program was made possible through the collaborative efforts of the Department of Emergency Medicine, JPNATC, AIIMS New Delhi, a WHO Collaborating Centre for Emergency and Trauma Care, and the Disaster Management Cell, Ministry of Health and Family Welfare, Government hospitals.

The course faculty from JPN Apex Trauma Centre AIIMS New Delhi, were Dr Ankit, Dr Charu, Dr Sooresh and Dr Hannah who conducted the structured workshop with utmost zeal.

The workshop was followed by a brainstorming session across the strata of medical fraternity with renewed enthusiasm about setting and coordination between various stakeholders to try to deliver and enhance our approach towards disaster and trauma management.

Nasha Mukh J&K Abhiyan: Cultural Unit Srinagar organises multi-institution awareness drive

HIMALAYAN MAIL NEWS
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In continuation of the ongoing 'Nasha Mukh J&K Abhiyan,' Cultural Unit Srinagar of the Department of Information and Public Relations (DIPR), in collaboration with the district administration Srinagar, today organised a series of impactful awareness programmes across multiple educational institutions in the city.

The day's events were hosted at GGHS Druglan Dalgate, Green Valley School, GBHS Brane Nishat, and GGHS Narwara Srinagar, under the supervision of the respective Heads of Departments and Principal.

Each programme featured theme-based short plays performed by local artist groups, vividly portraying the harmful consequences of substance abuse and urging youth to embrace a healthy, responsible lifestyle. The performances resonated strongly with the audience, sparking meaning-



ful conversations on preventive measures.

Addressing the gatherings, the respective Heads of Departments and Burhan Hussain, Cultural Officer, underscored the urgent need for community-wide participation in combating drug abuse. A solemn anti-drug pledge was administered at each venue, with students, staff, and faculty committing themselves to remain drug-free and to actively spread

awareness within their neighbourhoods. The initiatives drew enthusiastic participation from students and teachers, reaffirming a shared resolve to build a drug-free, healthy, and progressive Jammu & Kashmir.

Carrying forward the message of Nasha Mukh J&K, the programmes also embodied the spirit of Independence Day, inspiring citizens to contribute towards a stronger, cleaner, and united nation.